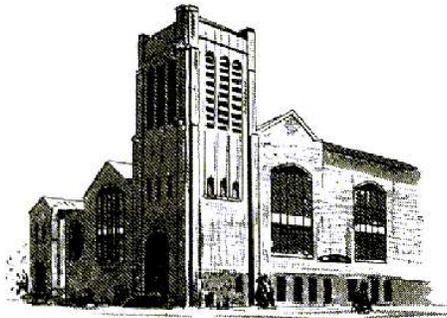


PARKDALE UNITED CHURCH
429 Parkdale Avenue
Ottawa, ON K1Y 1H3

IN FROM THE COLD MINISTRY



613-728-8656
www.parkdaleunitedchurch.ca

OVERVIEW

The purpose of our In From the Cold supper hospitality ministry, is to provide, in the way of Jesus, an opportunity for people of Parkdale United Church, volunteers from the wider community, and guests experiencing poverty or other challenges, to come together in relationship while exploring the mystery and privilege of giving and receiving in the context of safety, loving hospitality, respect and dignity.

This relationship is supported by the preparation and provision of good quality food, warm greeting and conversation where deep personal stories are shared. Opportunities to create art, to read a variety of literature and take books home, to listen to music and sing, and to have joys and concerns prayed over, are offered each week.

We believe that this ministry is an important way of loving God and loving our neighbours.

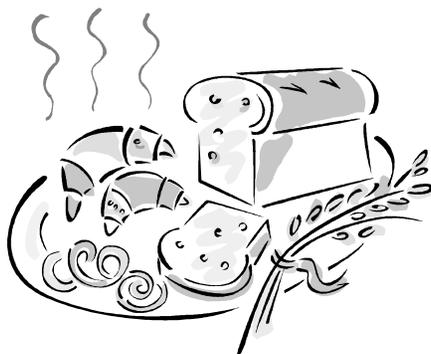
MEALS

Each week more than 90 volunteers come to work various shifts starting at 10:45 a.m. and ending at 6:30 p.m. The kitchen volunteers under the direction of our volunteer chefs, prepare delicious meals from scratch. Meals are made with taste and health in mind, starting with a fresh salad plate and homemade soup. Generous main courses include fish or meat with potatoes or rice and vegetables. Delicious entrees are provided for vegetarians. A variety of desserts complete the meal. Bagels, muffins and beverages are available before and during the meal. Fruit, sandwiches and individually packaged left over meals (if available) are offered as the guests leave.

The number of meals served is steadily growing. November 2002 started with only 35 guests. Now between 120 – 140 guests is the norm.

COMMUNITY SUPPORT

There has been growing interest from other churches and community groups. In 2017-2018, individuals and groups volunteered from Algonquin College, Barrhaven United Church, Carleton University, Denese Love & group, 28th Field Ambulance Medic Team, Garth Gittens & Friends, Habitat for Humanity, Hillary McVey & Friends, Hintonburg Economic Development Committee, Kitchissippi United Church, Knox United Church, Murray Stevenson & Friends, Ottawa West Kiwanis Club, Parkdale Youth Group, Saint Georges Catholic Church, Temple Israel Youth Group, TIRS Volley Ball Team, Trinity United Kazabazua Youth Group & Adults, Trinity Presbyterian Church, Vernon United Church, Vicky Campbell & Friends, Woodroffe United Church.



GENEROUS DONORS

We are extremely grateful to local merchants and business people who have generously donated food and other needed supplies: Art-Is-In Bakery, Capital Pottery Supplies and Materials Ltd., GTxpress, Herb and Spice, Loam Clay Studio, Morris Home Hardware, Ottawa Bagel Shop and Deli, Ottawa Food Bank, Saslove's Meat Market, The Table Vegetarian Restaurant, Trillium Bakery, The Ottawa Citizen, The Ottawa Sun and Friends of the Ottawa Public Library.

COME JOIN THE TEAM

Together, as a caring team, we look forward to offering welcoming fellowship, hot nutritious meals, interesting crafts, games and a wide variety of books, magazines and newspapers to our guests for another season, Saturdays, November 10 - March 30, 2019. If you would like to serve in this exciting ministry, as a **New** volunteer, please call the church office, pick up a Volunteer Sign Up Sheet at any of the four doors of the Sanctuary and return it on the collection plate, or to the Church office or contact **iftc@parkdaleunitedchurch.ca**.

TOGETHER WE SERVE

